

PEER SUPPORT

W.S.C. trains Year 9 students annually to work, as Year 10's in the next year, with groups of Year 7 students to develop self-confidence, self-responsibility and self-discipline and assist their transition to secondary school. This program runs throughout term one for all Year 7 students.

PARENTAL SUPPORT SERVICE

W.S.C. Student Services provides support for parents through:

- **Parent Information Evenings** addressing specific areas of concern e.g. drug education, adolescent depression, safe partying and careers counselling
- **Parent Information in the 'Student Welfare' section of the College Moodle site** <http://moodle2.wellingtonsc.vic.edu.au> and in the **Wellington Diary** addressing areas of interest and concern to parents and providing information about local services
- **Assistance** with educational financial matters and connection to community agencies
- **Consultation** about any health issue affecting the family.



CAREERS

The Careers team works closely with Years 9 to 12 students in the areas of:

- **Work Education:** Year 10 students develop an understanding of the workplace through an investigation of possible work choices and planning for the future
- **Work Experience:** All Year 10 students complete work experience in December. The Careers Co-ordinator assists students with organising placements.
- **MIPS (Managed Individual Pathways):** The MIPS Project Worker helps students individually develop pathways for future career planning. Parents are encouraged to be involved in this planning.
- **Individual Careers Counselling:** to assist in researching and clarifying future career options.

Contact our Careers Office at the College on 9547 6822 between the hours of 8.30am and 4.30pm if you need further information.

STUDENT REFERRAL PROCESS

Students are referred to counsellors via the Student Welfare Co-ordinator. The counselling team consists of:

- * Student Welfare Co-ordinator
- * Chaplain
- * Educational Psychologist
- * Adolescent Health Nurse
- * Community Psychologists, Social Workers and Youth Workers

Please contact Mr. Peter O'Bree at the College on 9547 6822 between the hours of 8.30am and 4.30pm if you need further information.

WELLINGTON SECONDARY COLLEGE



STUDENT SERVICES

Parent Information Pamphlet 2017

Tel: 9547 6822

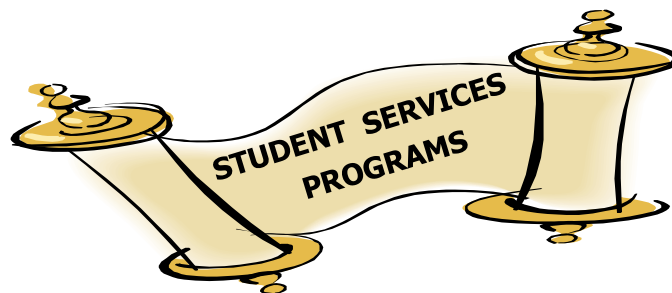
STUDENT SERVICES TEAM

The wellbeing of our students at Wellington Secondary College is of paramount importance. We have a team of highly dedicated staff who, in conjunction with Assistant Principal, Dulcie Commons, and the Student Managers, care for your child's physical and mental health, safety, educational needs and career options.

The team includes:

- **Director of Student Services, Peter O'Bree**, co-ordinates the team, handles student welfare needs, links students with appropriate support, liaises with Community organisations, develops preventative wellbeing programs, in-services staff and parents on wellbeing issues and co-ordinates Peer Support. Peter also assists families with educational finance matters.
- **Chaplain, Rachael Jones**, works to support individual students with wellbeing issues and runs small group programs for students.
- **DET Educational Psychologists, Social Workers, Speech Pathologists** counsel individual students, carry out educational testing and run preventive programs for students, staff and parents.
- **Adolescent Health Nurse, Tamara Magrath** assists students with physical and mental health concerns, develops and implements preventative health programs.
- **College Nurse, Margaret Jarvis**, tends to the daily health needs of students
- **Student Programs Co-ordinator, Barbara Wandoch**, organises student based programs and oversees the Student Representative Council (SRC)
- **Special Learning Needs Co-ordinator, Natasha Dickinson**, provides individual programs for students with literacy and numeracy concerns and for gifted students. This member of the team also co-ordinates the Disability and Integration Program
- **Director of Student Pathways, Lucinda Huffer**, provides students with course counselling and co-ordinates work experience, work placement, VET, VCAL and MIP's Programs. Working with Lucinda are Anita Saxton (MIPs Officer) and Josie Davenport (Careers Assistant)

The services of these staff members are available to all students, parents and staff of the College.



At the College we offer a number of diverse programs to enrich the lives of our students. These are aimed at improving their emotional and social relationships and wellbeing. Some of these programs include:

- **Transition** – Smoothly bridging the gap between primary and secondary school. The Year 7 Health and Wellbeing Program is implemented by class teachers and through the Peer Support Program.
- **Self Esteem, communication and motivation** – small group, form group and year level sessions to develop a variety of skills that encourage students to achieve their full potential.
- **Study Skills and Time Management** – an ongoing program focussing on strategies to maximize efficient work habits and effective use of time. This can be done both in groups and individually.
- **Individual Counselling** – psychologists, Youth Workers and Social Workers from Engage 1 on 1 Psychology, Monash Link, Waverley Emergency Adolescent Care, Monash Youth and Family Services, Southern Ethnic Advisory and Advocacy Council and Eastern Drug and Alcohol Service have regular counselling sessions with students. Referrals are made to these and other agencies as required.
- **Anti-Bullying** – whole school approach to ensure a safe and caring environment within the school. Class and year level programs are in operation.
- **Relationships and Sexual Awareness** - programs run by our Adolescent Health Nurse to support classroom programs to promote positive body image and awareness of personal safety issues.
- **Year 7 Puberty Program** – small single sex groups, providing students with an improved understanding of social, emotional and physical changes during puberty. This is run by our Adolescent Health Nurse.
- **Drug and Alcohol Education** - programs devoted to educating students regarding the misuse of drugs and alcohol. An important part of this program in Years 7 to 10 is teaching students how to say NO.
- **Visiting Doctor Service** - a partnership with McKinley Medical Centre where a doctor visits the college one afternoon each week on an appointment basis.



STUDENT COUNSELLING SERVICE

Counselling is available to all students.

This may occur via:

- Student self-referral
- Staff referral
- Parent referral

Counsellors are also available for parents and staff in a consultative capacity.

