

PEER SUPPORT

W.S.C. trains Year 9 students annually to work, as Year 10's in the next year, with groups of Year 7 students to develop self-confidence, self-responsibility and self-discipline and assist their transition to secondary school. This program runs throughout term one for all Year 7 students.

PARENTAL SUPPORT SERVICE

- W.S.C. Student Services provides support for parents through:
- Parent Information Evenings addressing specific areas of concern e.g. drug education, adolescent depression, safe partying and careers counselling
- Parent Information via the Compass Newsfeed
- In the Wellington Diary addressing areas of interest and concern to parents and providing information about local services
- Assistance with educational financial matters and connection to community agencies
- Consultation about any health issue affecting the family.

CAREERS

THE CAREERS TEAM WORKS CLOSELY WITH YEARS 9 TO 12 STUDENTS IN THE AREAS OF:

WORK EXPERIENCE:

All Year 10 students may complete work experience in December. The Careers Co-ordinator assists students with organising placements.

CAREER EDUCATION:

The Careers Education Co-ordinator helps students individually develop pathways for future career planning. Parents are encouraged to be involved in this planning.

INDIVIDUAL CAREERS COUNSELLING:

to assist in researching and clarifying future career options.

Contact our Careers Office at the College on 9547 6822 between 8.30am and 4.00pm Monday to Friday if you need further information.

STUDENT REFERRAL PROCESS

Students are referred to counsellors via the Student Wellbeing Co-ordinator. The counselling team consists of:

- Student Wellbeing Co-ordinators
- Chaplain
- Social Worker
- Adolescent Health Nurse
- Community Psychologists, Social Workers and Youth Workers

Please contact Mr. Peter O'Bree at the College on 9547 6822 between 8.45am and 4.00pm Monday to Friday if you need further information.

WELLINGTON SECONDARY COLLEGE

STUDENT

SERVICES



STUDENT SERVICES TEAM

THE WELLBEING OF OUR STUDENTS AT WELLINGTON SECONDARY COLLEGE IS OF PARAMOUNT IMPORTANCE. WE HAVE A TEAM OF HIGHLY DEDICATED STAFF WHO, IN CONJUNCTION WITH ASSISTANT PRINCIPAL, BRENDAN DWYER, AND THE STUDENT MANAGERS, CARE FOR YOUR CHILD'S PHYSICAL AND MENTAL HEALTH, SAFETY, EDUCATIONAL NEEDS AND CAREER OPTIONS.

THE TEAM INCLUDES:

- **Director of Student Wellbeing Services, Peter O'Bree**, co-ordinates the team, handles student welfare needs, links students with appropriate support, liaises with Community organisations, develops preventative wellbeing programs, in-services staff and parents on wellbeing issues and co-ordinates Peer Support. Peter also assists families with educational finance matters.
- **Chaplain, Rachael Jones**, works to support individual students with wellbeing issues and runs small group programs for students.
- **Social Worker, Jared Bayly** counsels individual students, supports students to engage with school, assists students, staff and parents with a variety of issues, and assists with program delivery.
- **Adolescent Health Nurse, Shelley Beasley** assists students with physical and mental health concerns and develops and implements preventative health programs.
- **College Nurse, Sally Adams** and First Aid Officer Danielle Delaney tend to the daily health needs of students
- **Student Programs Co-ordinator, Barbara Wandoch**, organises student based programs and oversees the Student Representative Council (SRC)
- **Director of Student Services-Inclusion, David Hose** provides individual programs for students with literacy and numeracy concerns. He also co-ordinates the Inclusion Support Program and counsels students.

- **Director of Student Pathways, Lucinda Huffer**, provides students with course counselling and co-ordinates work experience, work placement, VET, VCAL and Careers Ed Programs. Working with Lucinda are Anita Saxton (Careers Education Coordinator), Janine Webb (Careers Assistant), and Jaclyn Jacobs (VET).

The services of these staff members are available to all students, parents and staff of the College.

STUDENT SERVICES PROGRAMS

At the College we offer a number of diverse programs to enrich the lives of our students. These are aimed at improving their emotional and social relationships and wellbeing. Some of these programs include:

- **Transition** smoothly bridging the gap between primary and secondary school. The Year 7 Health and Wellbeing Program is implemented by class teachers and through the Peer Support Program.
- **Self Esteem, Communication and Motivation** small group, form group and year level sessions to develop a variety of skills that encourage students to achieve their full potential.
- **Study Skills and Time Management** an ongoing program focussing on strategies to maximize efficient work habits and effective use of time. This can be done both in groups and individually.
- **Individual Counselling** Psychologists, Youth Workers and Social Workers from Engage 1 on 1 Psychology, Monash Link, Monash Youth Services, South East Community Links and Eastern Drug and Alcohol Service have scheduled counselling sessions with students. Referrals are made to these and other agencies as required.
- **Anti-Bullying** whole school approach to ensure a safe and caring environment within the school. Class and year level programs are in operation.

- **Relationships and Sexual Awareness** programs run by our Adolescent Health Nurse to support classroom programs to promote positive body image and awareness of personal safety issues.
- **Drug and Alcohol Education** programs devoted to educating students regarding the misuse of drugs and alcohol. An important part of this program in Years 7 to 10 is teaching students how to say NO.
- **Visiting Doctor Service** a partnership with McKinley Medical Centre where a doctor visits the College one afternoon each week on an appointment basis, with patients being bulk billed.
- **Respectful Relationships** a whole school program aimed at prevention of family violence, including lessons taught in health classes from Year 7 to 10.
- **Wellbeing Special Events** raising awareness of social and safety issues for students.

STUDENT COUNSELLING SERVICE

COUNSELLING IS AVAILABLE TO ALL STUDENTS. THIS MAY OCCUR VIA:

- > STUDENT SELF-REFERRAL
- > STAFF REFERRAL
- > PARENT REFERRAL

Counsellors are also available for parents and staff in a consultative capacity